

## Prayer to the Guardian Angel

Angel sent by God to guide me, be my light and walk beside me; be my guardian and protect me; on the paths of life direct me.

## Prayer of St. Richard of Chichester

Day by day, O dear Lord, three things I pray: to see you more clearly, love you more dearly, follow you more nearly, day by day, by day, by day. Amen.

## **The Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired with this confidence, I fly unto you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful; O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

## Sorrowful Mysteries

The Agony of Jesus in the garden The scourging of Jesus at the pillar The Crowning with Thorns The Carrying of the Cross The crucifixion and death of Jesus

