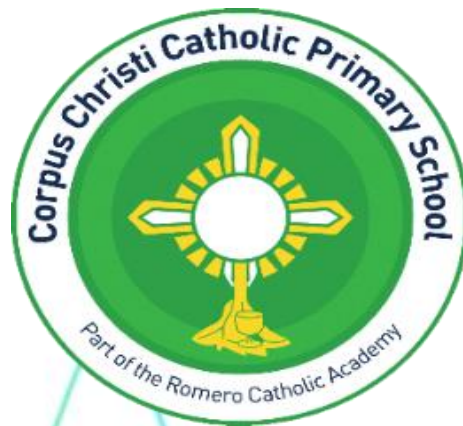


My Prayer Book

Year 3



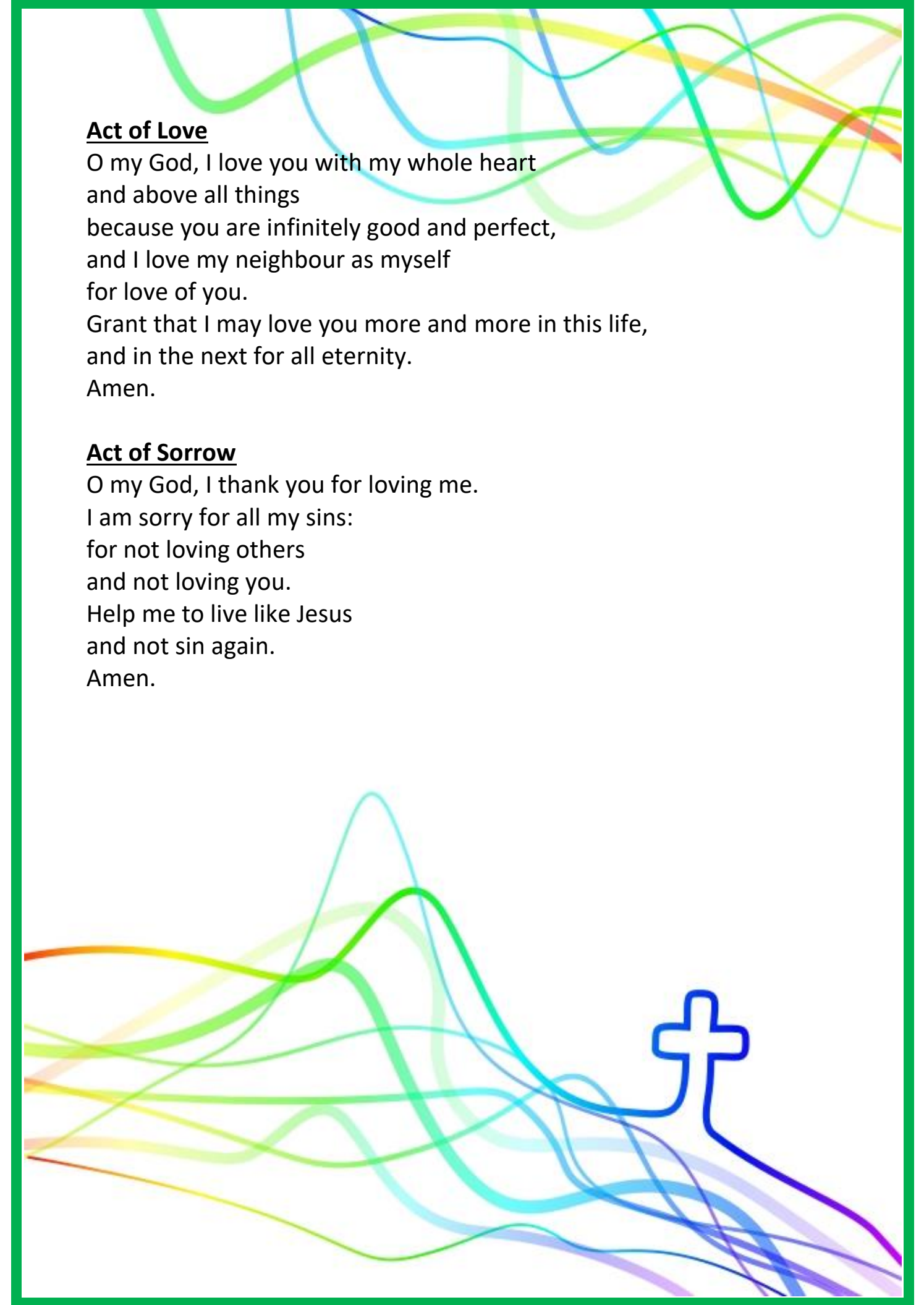


Act of Love

O my God, I love you with my whole heart
and above all things
because you are infinitely good and perfect,
and I love my neighbour as myself
for love of you.
Grant that I may love you more and more in this life,
and in the next for all eternity.
Amen.

Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins:
for not loving others
and not loving you.
Help me to live like Jesus
and not sin again.
Amen.



The Angelus

The Angel of the Lord declared to Mary: **and she conceived of the Holy Spirit.**

Hail Mary... **Holy Mary...**

Behold the handmaid of the Lord: **be it done to me according to your word.**

Hail Mary... **Holy Mary...**

And the Word was made flesh: **and dwelt among us**

Hail Mary... **Holy Mary...**

Pray for us, O holy Mother of God **that we may be made worthy of the promises of Christ.**

Let us pray:

Pour forth, we beseech you, O Lord,
your grace into our hearts,
that we to whom the incarnation of Christ, your Son,
was made known by the message of an angel,
may be brought by his passion and cross
to the glory of his resurrection,
through Christ our Lord. Amen.

The Luminous Mysteries

The Baptism of Jesus

The wedding of Cana

The proclamation of the Kingdom of God

The Transfiguration

The institution of the Eucharist



My Prayers

